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# 30 DAYS

TO A NEW LIFE  
PRAYER AND DEVOTIONAL GUIDE

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& Gayla M Baughman

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# **30 DAYS TO A NEW LIFE**

## **Prayer and Devotional Guide**

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Published by:

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# INTRODUCTION

A New Year affords new opportunity, second chances, and the challenge to change the way you have done things before. Today, make up your mind to change your way to a great future!

It is impossible to see the future without the reflection of the past in the rear view mirror. However, you cannot clearly see the path ahead if you constantly stare into this window of the past. You will miss your direction, lose your way, and fail to find God's plan for your future. Get your eyes off the past and focus on the horizon of tomorrow's possibilities!

For the next thirty days, focus on retraining your vision. Look less on past mistakes, disappointments, and missed opportunities, and rather, focus on the potential of a new year, a new life, and a new hope!

Take the challenge to refocus the way you see things, namely the following areas of this prayer and devotional guide:

- A New Look, the challenge to change.
- Looking Inward, renewing our spirits.
- Looking Upward, seeing the power of God.
- Looking Outward, fulfilling the commission.
- Looking Forward, seeing the possibilities.

## Introduction

Take a new look at your life and make an honest appraisal of where you are and where you are heading. Could you use some change? Have you given up some areas of life as “beyond repair” and impossible to fix?

*Extreme Makeover Home Edition* is a popular television reality show. Not only is it interesting to see how they take a run-down place and transform it into a beautiful living facility, but they choose people that really need help so they can make a difference in their lives. Many of the homes are beyond repair and they have to do some extreme remodeling to the place. When the final “move that bus” order is given, the house doesn’t even look the same. Many times it stuns the homeowners into tears.

This is a New Year. Why not allow God to do an extreme makeover in your life? It will take some hard work and commitment on your part, but it will be well worth it.

When you change the way you look at yourself, your situation, your God, and your world, *everything will change!*

Get ready to see things like you have never seen them before. Get ready for a new year, a new vision ... A NEW LIFE!

In the following pages you will find a devotional writing for each day beginning on the left page. This orientation will allow you to see the accompanying scripture and the response blocks all on the open pages. Take some time to read the devotional and the verse(s) of Scripture.

Two Bible reading plans are supplied with check boxes to mark your reading progress. Would you like to read the entire New Testament in thirty days? The required amount of reading is broken down into manageable segments for you to accomplish it. Another option is to read the entire Bible in one year, with passages from the Old and New Testaments each day. The first thirty days are given in easy check lists on each devotional page. The complete reading schedules may be found beginning on page 73.

Two response blocks follow with a question in each. The first asks, *“What am I giving to God Today?”* In this space you could list the commitments of fasting you have made, or what you feel led to commit to the Lord in your personal lifestyle or behavior. This is your response to God’s Word and His message to you each day.

The first is a leading question to take you to the second question, *“What is God speaking to me Today?”* Repeatedly in the Scripture the statement is made in various settings, “He who has ears to hear, let him hear!” We know that God is speaking. Are you listening? *What is God saying to you?*